Technical Requirements

(a)   Reliable internet access (video viewing is via streaming, not downloads)
(b)   Valid email for login
(c)   Windows 7 or later operating system for PC system or OS X for Mac systems
(d)   PDF reader (free download available)
(f)   Flash player (free download available)
(g)   Speaker system
(h)   Printer (for printing off handouts, study guides, etc.)