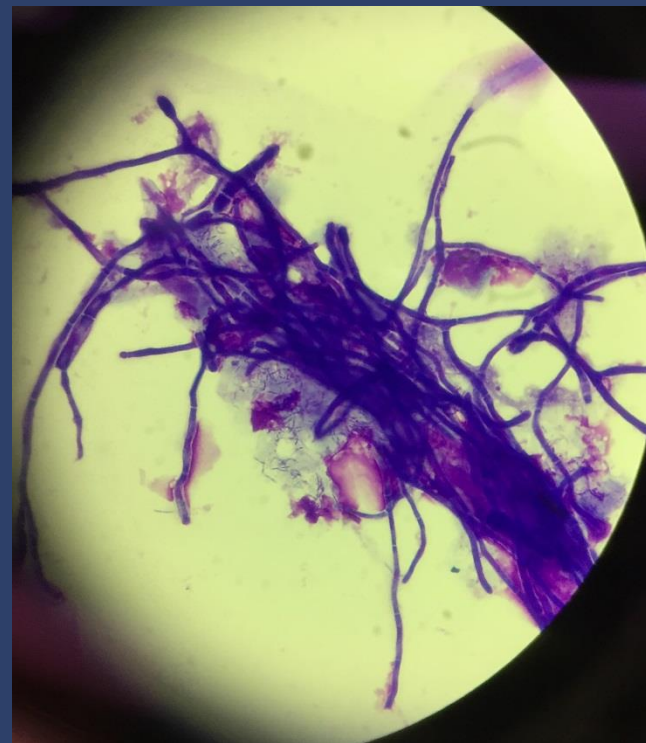
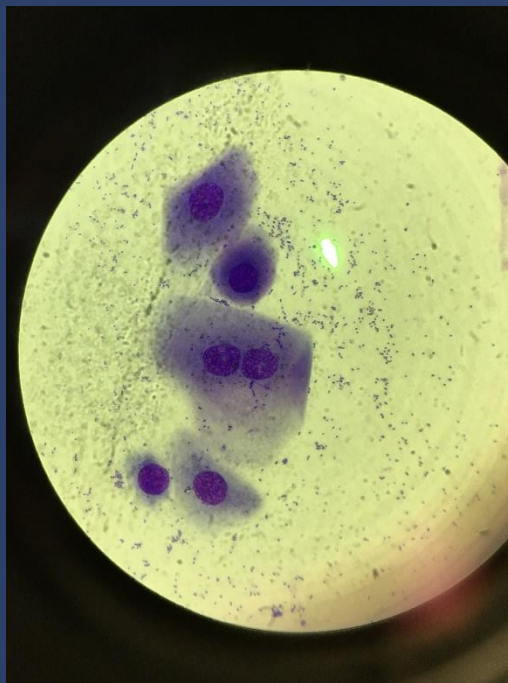
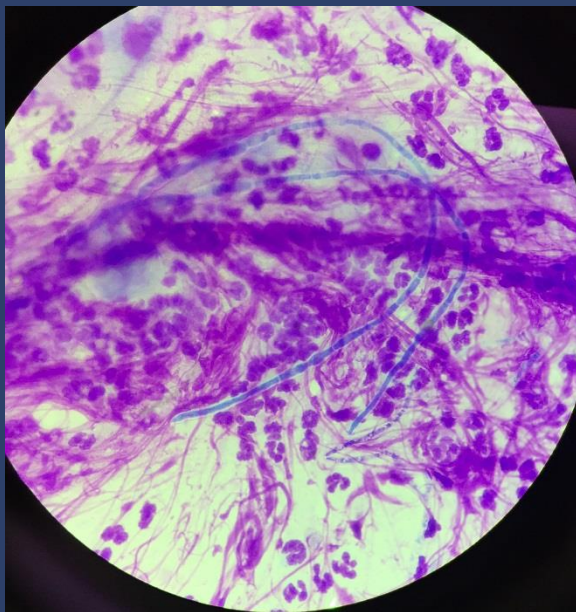




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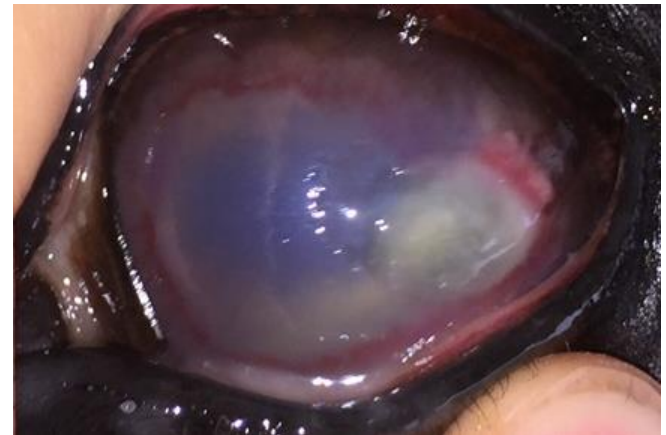
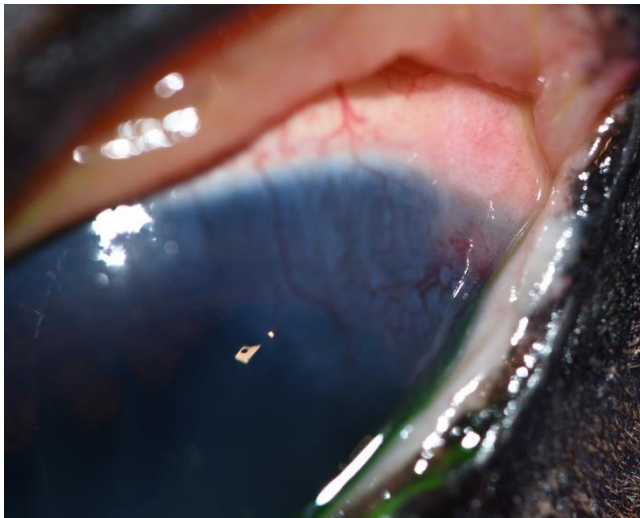


OCULAR CYTOLOGY

Ethan Hefner, DVM
Ophthalmology Resident

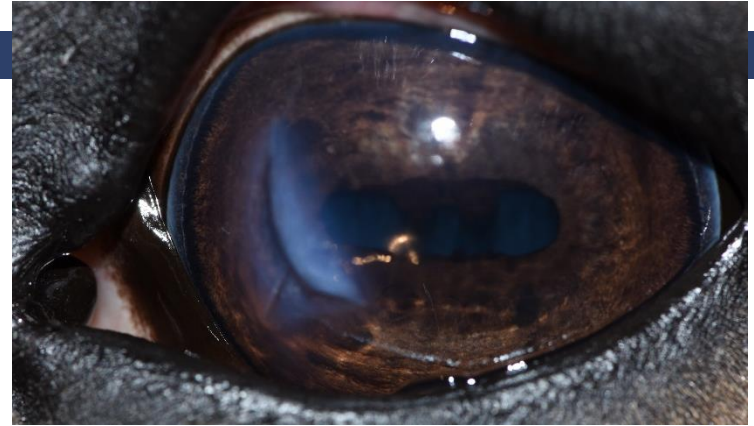
Uses for cytology

- Cornea-ulcers/infectious keratitis
- Conjunctiva-Eosinophilic keratitis/keratoconjunctivitis
- Eyelids/Adnexa-mass/neoplasia



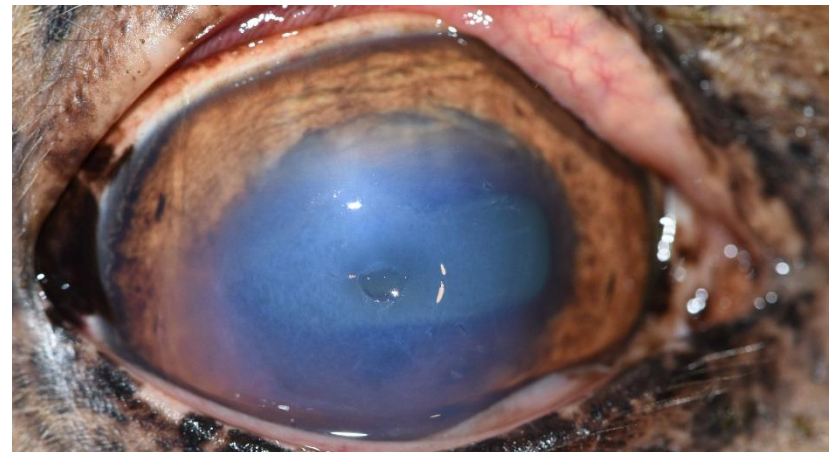
Advantages of cytology

- Safe
- Inexpensive
- Immediate results
- Guide therapeutic treatment
- In-vivo assessment of treatment efficacy
- Culture/Sensitivity-In-vitro assessment of treatment efficacy



When to use?

- Initial evaluation for infectious keratitis, nonhealing, or complicated ulcer
- Clinical signs indicating use?
 - ▣ CORNEA-complicated ulcer
 - ▣ Conjunctiva- hyperemia, chemosis, follicles, mass
- Contraindications?
 - ▣ Deep stromal ulcer
 - ▣ Descemetocoele
 - ▣ Perforation

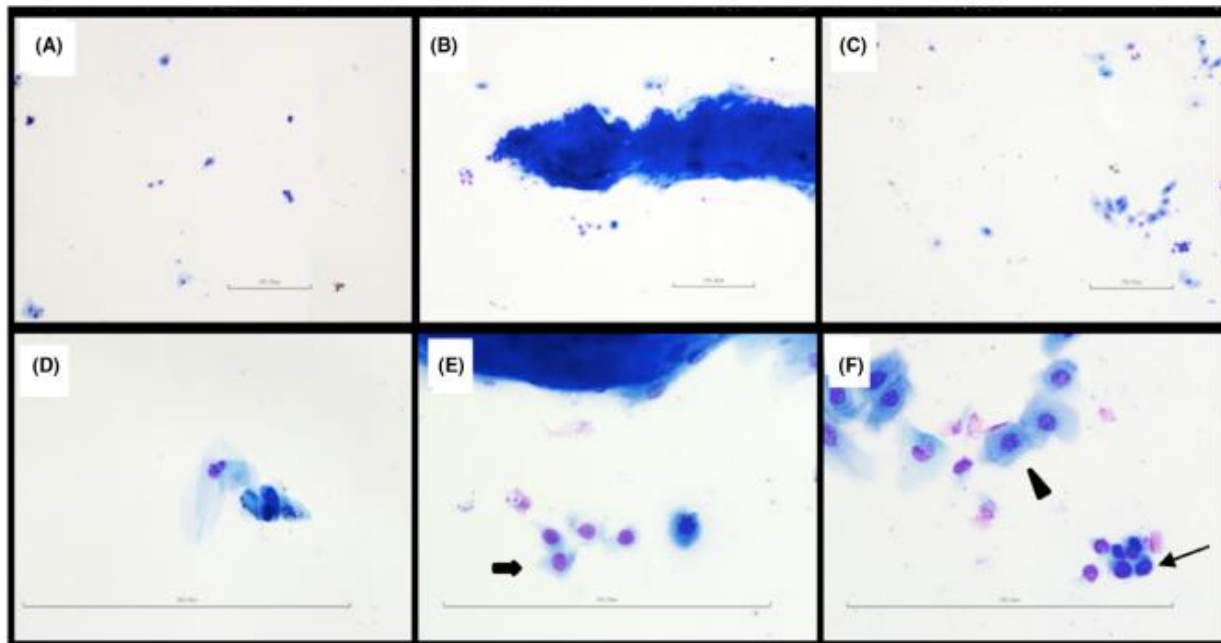


Sampling of these tissues?



Ideal Cytology Sample

- Cellular! (Monolayer-well preserved)
- Representative of lesion (intermediate, cornified, mature epithelial cells)
- Minimal irritation to patient



Collection Methods

- ❑ Cotton Tipped Applicator (CTA)
- ❑ Cytobrush (CB)
- ❑ Kimura Spatula (KS)
- ❑ Scalpel Blade (SB)



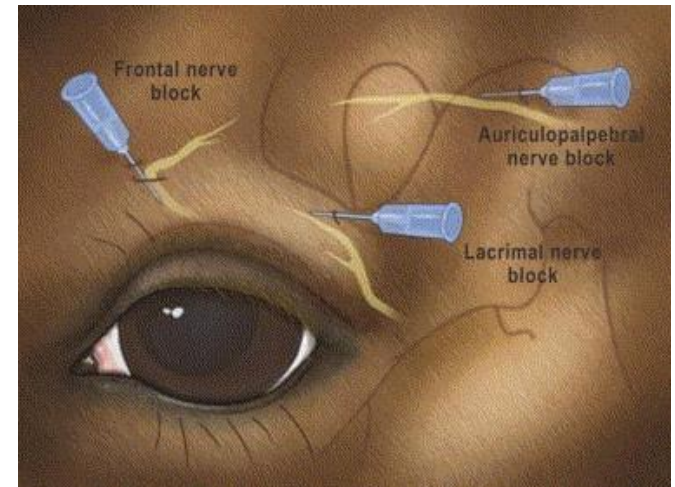
Equipment Required

- ❑ Instrument of choice
- ❑ Clean glass slides
- ❑ Culture tubes (ACT II)



Patient Preparation

- Sedation- detomidine 0.01-0.03 mg/Kg or xylazine (0.02-1 mg/kg IV) +/- butorphanol (0.02mg/kg IV)
- Auriculopalpebral and supraorbital/frontal block- Lidocaine or carbocaine
- Proparacaine



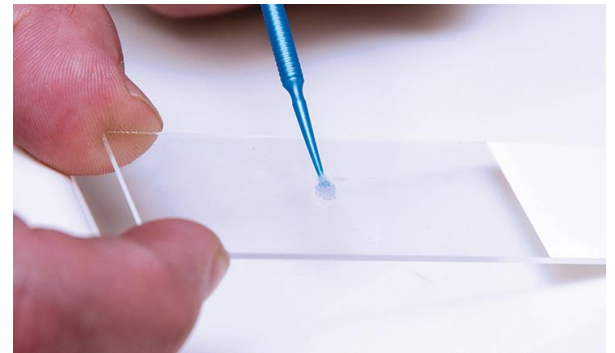
Sample collection

- Area of infiltrate
- Periphery of ulceration
- Not within center-necrotic debris



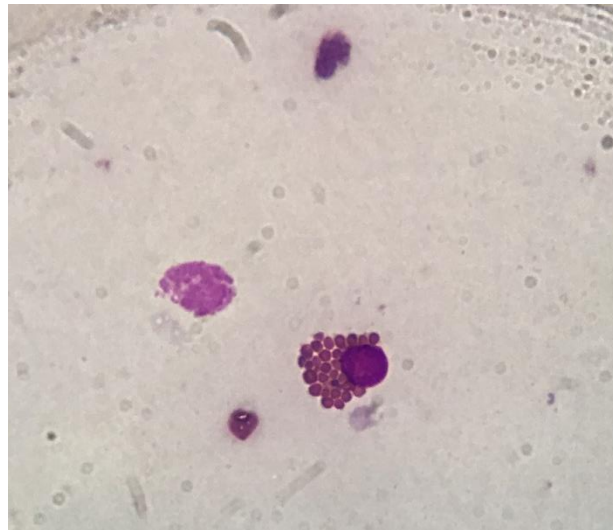
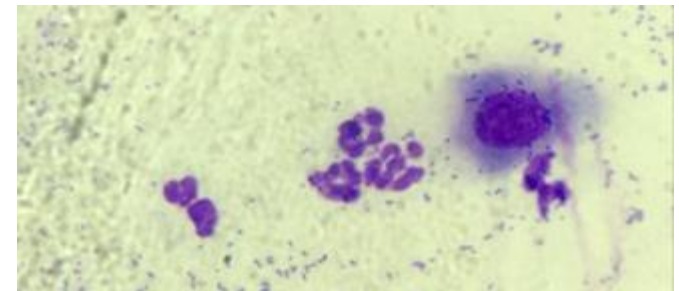
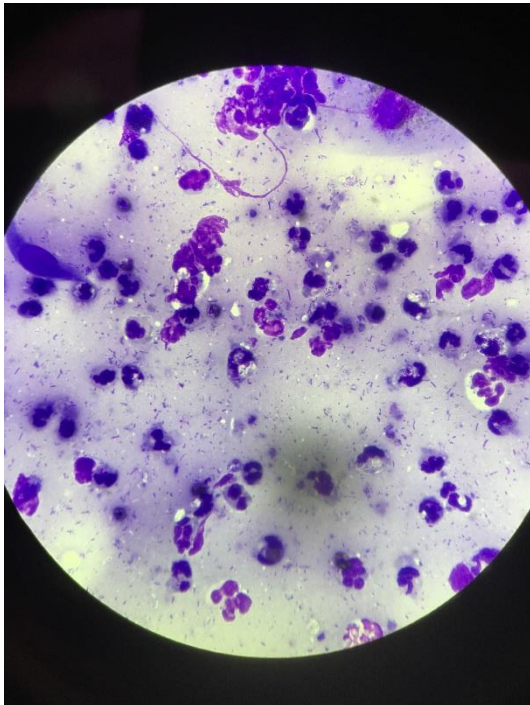
Preparing Cytology

- Clean glass slides-distribute evenly-monolayer
- Romanowsky Stains
 - ▣ Wright Giemsa
 - ▣ Diff Quick
- Gram stain
- Special stains (FUNGUS)
 - ▣ Periodic Acid Schiff (PAS)
 - ▣ Gomori's methanamine silver stain
 - ▣ Clinical Pathologist review



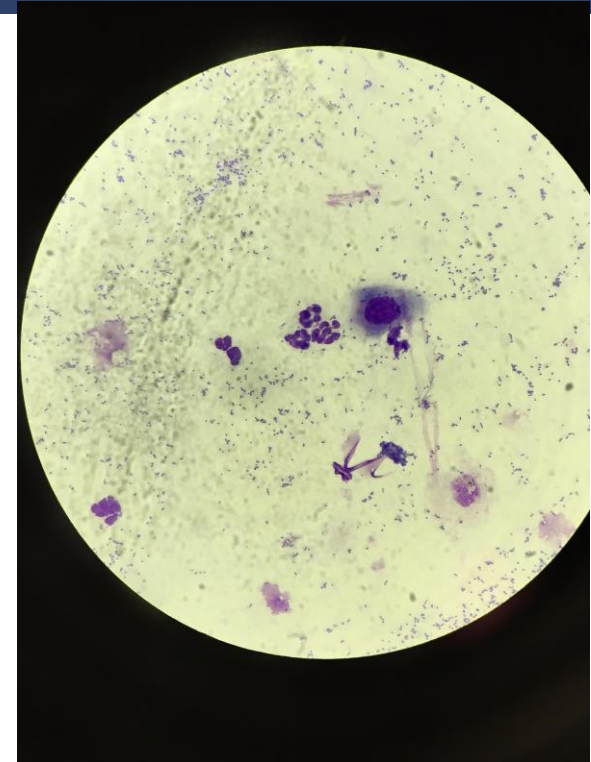
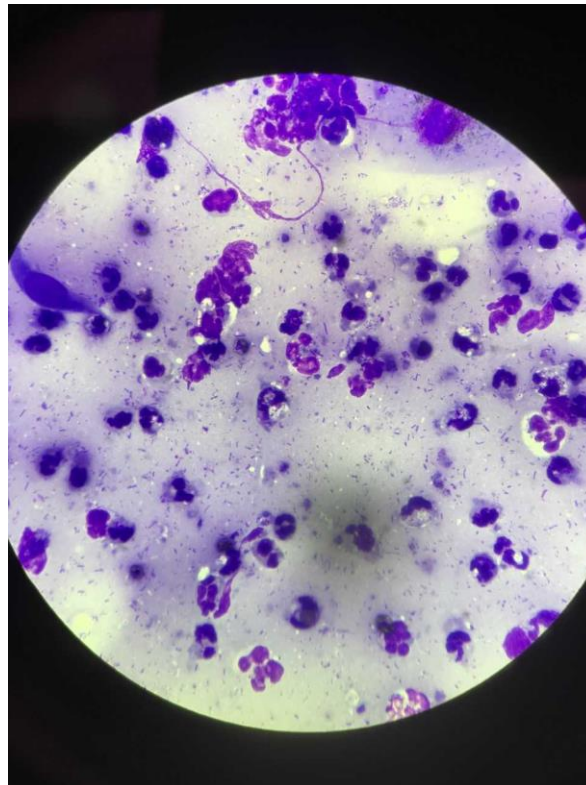
Interpreting cytology

- ❑ Cellular elements
 - ❑ Epithelial cells
 - ❑ White blood cells



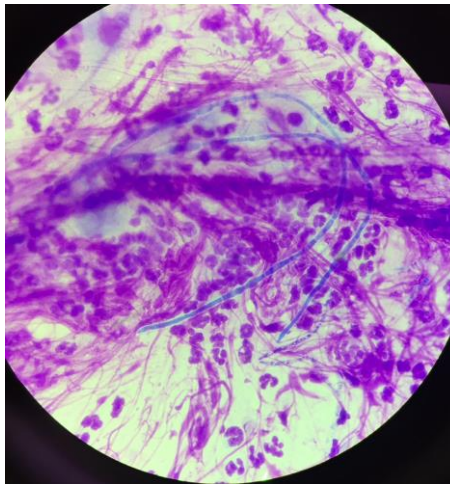
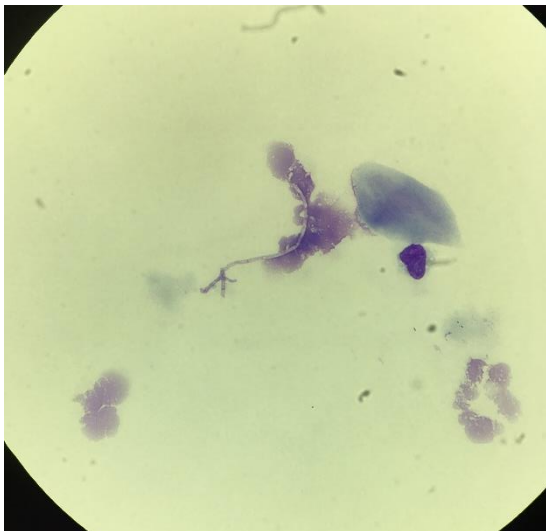
Interpreting cytology

- ❑ Microbial elements
- ❑ Bacteria
 - ❑ Rods
 - ❑ Cocci
 - ❑ Bipolar rods



Interpreting cytology

- ❑ Microbial elements
 - ❑ Fungi
 - ❑ Hyphae-spaghetti like within epithelial cells
- Negative staining, parallel walls, septae



Interpreting cytology

- ❑ Nuclear streaming
- ❑ Melanin granules
- ❑ Foreign Bodies
- ❑ Mineralized crystals

Comparison of 3 corneal cytology collection methods for evaluating equine ulcerative keratitis: Cytobrush, kimura platinum spatula, and handle edge of scalpel blade

Laura Proietto¹ | Sarah S. Beatty² | Caryn E. Plummer¹

- 20 horses with ulcerative keratitis evaluated with KS, SB, and CB in random order.
- Cellularity greatest with scalpel blade
- 28/120 samples non-diagnostic- 23%, most common with kimura spatula (15/40)
- No difference in technique and maturity
- No difference in sample quality (intact to fragmented cells)
- Multilayers more prominent in CB and SB
- 12/20 animals had positive culture
- Culture and cytology consistent in 18/20 animals

TABLE 3 SB has the highest sensitivity and negative predictive value (NPV), and KS has the highest specificity and positive predictive value (PPV) compared to results of bacterial and fungal culture after analysis of 10 serial monolayer cell populations under 50× oil immersion

Technique	Sensitivity % (Mean ± 95% CI)	Specificity % (Mean ± 95% CI)	PPV % (Mean ± 95% CI)	NPV % (Mean ± 95% CI)	Nondiagnostic %
Cytobrush CB	60.87 ± 19.42	87.5 ± 10.95	87.5 ± 8.88	60.87 ± 11.83	25
Kimura spatula KS	50 ± 20.88	100 ± 20.59	100	57.14 ± 9.41	37.5
Scalpel blade SB	70.83 ± 16.55	93.75 ± 6.09	94.44 ± 4.70	68.18 ± 12.01	12.5

KS produced the most nondiagnostic samples.

- SB most diagnostic samples but all three techniques are clinically useful in evaluating equine ulcerative keratitis
- Cytology for detecting microbial keratitis
60.7% sensitivity
93.75 % specificity
- Cytology reported to correlate with culture results with a PPV and NPV of 73% and 52% in the horse
- Culture results
50% bacterial
25% fungal
25% mixed population

Conclusions

- ❑ Safe
- ❑ Inexpensive
- ❑ Quick
- ❑ May improve case outcome or expedite treatment
- ❑ Scalpel blade yields most diagnostic sample with highest cellularity
- ❑ Establishes baseline for case progression

Resources

- Gelatt, K. N., Gilger, B. C., & Kern, T. J. (2013). *Veterinary ophthalmology*. Ames: Wiley-Blackwell.
- Gilger, B. C., & Gilger, B. C. (2017). *Equine ophthalmology* (3rd ed.). Ames, IA: Wiley Blackwell.
- Proietto, L., Beatty, S. S., & Plummer, C. E. (2018). Comparison of 3 corneal cytology collection methods for evaluating equine ulcerative keratitis: Cytobrush, kimura platinum spatula, and handle edge of scalpel blade. *Veterinary Ophthalmology*. doi:10.1111/vop.12574

