

## Wednesday, October 14, 2020 2:00 PM EST | 1:00 PM CST | 11:00 AM PST | 12:00 MT

https://redcap.link/DRC-Manson-10.14.20



## Spero M. Manson, PhD

Distinguished Professor of Public Health and Psychiatry
Director, Centers for American Indian and Alaska Native Health
Colorado Trust Chair in American Indian Health

## Behavioral Health Problems and Diabetes: Risk, Prevention, and Management Among Native Peoples

American Indians and Alaska Natives suffer the highest prevalence of Type 2 Diabetes in the country. Recent advances under the auspices of the Congressionally supported Special Diabetes Program for Indians have markedly reduced incident diabetes and related conditions. However, behavioral health problems such as depression and trauma compromise the prevention and management of diabetes among this special population. Multi-disciplinary, coordinated care across often siloed services can effectively address readiness to change and engagement, resulting in positive outcomes.

The Virtual Seminar Series by the Diabetes Research Centers whose logos are shown below is an effort to connect investigators and trainees during this time of great change, anxiety, and isolation. This is a pilot (see upcoming schedule at URL below). We welcome your comments - please send feedback and suggestions to: virtual.seminar.series@vumc.org































