



## GET STARTED

For more information or to enroll your pet, contact:  
Auburn University Veterinary Clinic at the College  
of Veterinary Medicine 334-844-9966

*Liz Hodson BS, LVT, CCRP*  
*hodsoem@auburn.edu*

*\*Always consult your veterinarian before  
starting your pet on a diet plan to ensure  
there are no underlying health issues.*



**AUBURN UNIVERSITY**

COLLEGE OF  
VETERINARY MEDICINE

### **BAILEY SMALL ANIMAL TEACHING HOSPITAL**

1220 Wire Road

Auburn, AL 36849

Hours: 7:30 a.m. until 4:30 p.m.

Appointments: 334-844-4690

[www.vetmed.auburn.edu](http://www.vetmed.auburn.edu)

Auburn University is an equal opportunity educational institution/employer.

## BAILEY SMALL ANIMAL TEACHING HOSPITAL PHYSICAL REHABILITATION SERVICE



**AUBURN UNIVERSITY**

COLLEGE OF  
VETERINARY MEDICINE

Canine obesity is one of the fastest growing health problems in animals today, with an estimated 44 percent of dogs in the U.S. considered overweight. As with humans, obese pets can experience a decreased life span and have health-related diseases like arthritis, heart, lung and kidney disease, high blood pressure and even Type 2 Diabetes. Any size, breed, sex or age dog can be affected.

## CAUSES OF CANINE OBESITY

Why are pet's obese? It's the same with people — too many calories and not enough exercise. Medical issues can also cause animals to be obese, and your veterinarian can determine if your pet has a health-related cause.

A yearly evaluation by a veterinarian can ensure owners that their furry friend is healthy. If a problem is identified, a veterinarian can recommend changes to get your pet on the fitness trail.

When your pet is at its healthiest weight, it is able to do more of what it enjoys.

## CLUB CHUB PROGRAM

Owners can take an active role in their pet's healthcare by enrolling them in the Club Chub Program, offered through the Physical Rehabilitation Service of the Wilford and Kate Bailey Small Animal Teaching Hospital at the Auburn University College of Veterinary Medicine.

In the Club Chub program, a certified canine rehabilitation staff member in the Physical Rehabilitation Service will work with owners and pets to create a healthcare plan individually designed for your pet.

With a mission of improving the quality of life for animals and their owners, the Physical Rehabilitation Service works in concert with a veterinarian to address the individual needs of the patient.

## HOW CLUB CHUB WORKS

- Evaluation by a veterinarian in the Auburn University Veterinary Clinic.
  - ▶ Body Mass Index (BMI) and Body Condition Scoring (BCS) evaluations are conducted.
- Working with the owner to set goals for pet's healthcare.
- Institute a Diet Plan.
- Exercise Plan tailored to your pet with in-service sessions and an at-home plan.
- Progress monitoring and plan adjustment.

## BENEFITS OF JOINING CLUB CHUB

- An individualized plan for diet and exercise, with owner counseling.
- An expert-led support system through your pet's weight loss journey.
- Improved health for your pet.

One month enrollment includes 12 in-service exercise sessions, three sessions per week for four weeks.

