

Ocular Manifestation of Systemic Disease

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Common Ophthalmic Findings with Systemic Disease

- Congenital
- Immune Mediated
- Infectious
- Neoplastic
- Metabolic
- Toxicity/Miscellaneous



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Congenital Diseases

- * Hydrocephalus
- * Dwarfism
- * Coat Color Related Diseases

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Hydrocephalus

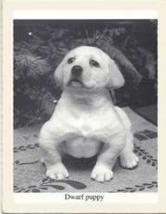
- Toy and Brachycephalic breeds
- Open fontanelle
- Ventrolateral strabismus
- Vision deficits +/- neurologic deficits



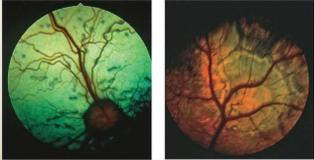
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Dwarfism

- Ocular skeletal dysplasia
- Labrador Retriever
- Retinal dysplasia +/- detachment
- Chondrodysplasia
- Autosomal recessive for skeletal changes
- Incomplete dominant for ocular changes



Dwarf puppy



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Color coat related changes

- Blue iris and deafness
 - 30% of dalmatians in US deaf
- Merle ocular dysgenesis

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Merle Ocular Dysgenesis

- Microphthalmia
- Iris hypoplasia and coloboma
- Corectopia
- Dyscoria
- Cataracts
- Retinal dysplasia and detachment
- Choroidal hypoplasia



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Immune Mediated Diseases

- * Dermatologic diseases
- * Masticatory Muscle/Extraocular Myositis
- * Uveodermatologic Syndrome
- * Sudden Acquired Retinal Degeneration/Immune Mediated Retinitis

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Dermatologic Diseases

- Pemphigus
- Discoid Lupus
- Blepharitis
- Atopy and allergic conjunctivitis
- Treatment includes topical steroids and systemic immunosuppressants



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Masticatory muscle and Extraocular Muscle Myositis

- Young to middle age dog
- Medium to large breed
 - Golden Retriever
- Acute muscle swelling, pain, atrophy
- Exophthalmos
- Elevated third eyelid
- Type 2M fiber antibodies

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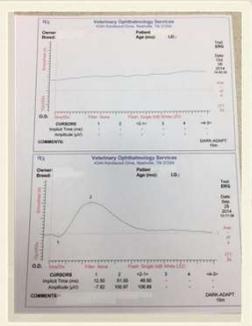
Uveodermatologic Syndrome

- Arctic circle breeds
 - Akita, Siberian Husky
- Immune mediated destruction of melanocytes
- Ocular signs precede dermatologic changes
 - Uveitis
 - Chorioretinitis
- Secondary cataracts and glaucoma
- Vitiligo
 - Poliosis
- Nasal planum depigmentation
- Guarded prognosis for vision retention
- Long term immunosuppressive therapy



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Sudden Acquired Retinal Degeneration/Immune Mediated Retinitis



- Middle age female spayed dogs over represented
- Polydipsia/Polyuria (30%)
- Polyphagia (37%)
- Weight Gain (57%)
- Elevated Alkaline Phosphatase and Cholesterol (40%)
- Near normal fundic examination
- Delayed Pupillary light reflexes
- Extinguished ERG (electroretinogram)
- No proven treatment for SARD
- Immune mediated retinitis variable response to Prednisone and Doxycycline

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Uveitis associated with Infectious and Neoplastic Diseases

- * Bacterial
- * Mycotic
- * Neoplastic

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Bacterial

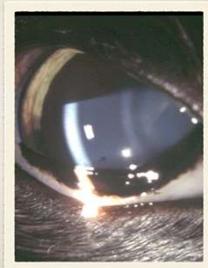
- * Bacteremia
- * Lyme Disease
- * Rickettsial diseases
- * Leptospirosis
- * Brucellosis



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Anterior Uveitis

- * Pain/photophobia
- * Conjunctival hyperemia/episcleral injection
- * Aqueous flare
- * Cellular flare
 - * Hyphema
 - * Hypopyon
- * +/- Miosis
- * Iris swelling/hyperemia/hemorrhage
- * Ocular hypotony or secondary glaucoma



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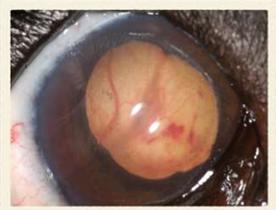
Mycotic

- Blastomycosis
 - Most commonly mycosis seen in dogs
- Aspergillosis
 - German Shepherd
- Coccidioidomycosis
 - Valley Fever
 - SW United States
- Cryptococcosis
 - More commonly seen in cats
- Histoplasmosis

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Mycotic

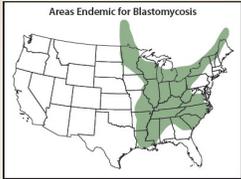
- Posterior uveitis
 - Granulomatous chorioretinitis
- Anterior uveitis extension of posterior disease



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Blastomycosis

- * Ohio and Tennessee River Valley
- * Severe chorioretinitis with retinal detachment and secondary glaucoma
- * Enucleation often required



Areas Endemic for Blastomycosis



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Neoplasia

- * Lymphoma most common secondary neoplasia
- * Histiocytic sarcoma/malignant Histiocytosis
- * Choroidal lesions can be seen with metastatic neoplasia



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Lymphoma

- * Hypopyon
- * Hyphema
- * Infiltrative iris lesions/nodules
- * Perivascular retinal infiltrate



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Ophthalmic and Systemic Work-up

- Tonometry
- Fluorescein staining
- Fundic Examination
- CBC
- SuperChem
- Urinalysis
- Thoracic Radiographs
- Rickettsial titers
- Fungal Antigen Testing
- MiraVista
- Lymph node aspirates
- Biopsy/Cytology of skin lesions
- Abdominal ultrasound
- Ocular cohesis
- Cytology/culture of aqueous or vitreous
- +/- Enucleation with Histopathology



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Metabolic Diseases

- * Diabetes Mellitus
- * Hypothyroidism
- * Hyperadrenocorticism (Cushing's Disease)
- * Hyperlipidemia

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Diabetes Mellitus

- Cataract formation
- Reduced corneal sensitivity
- Keratoconjunctivitis Sicca
- Diabetic retinopathy
- Neuropathies (Horner's syndrome, neurogenic KCS, Facial nerve paralysis)



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Managing Diabetic Cataracts

- Cataracts develop quickly with rapid progression
 - 85% of dogs develop blinding cataracts within 9 months of developing DM
- Phacolytic/phacoclastic uveitis common
- Refer early
- Ophthalmic steroids/NSAIDs to control uveitis
- Monitor for secondary glaucoma



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Diabetic Cataract Surgical Candidate

- ERG and ocular ultrasound
- CBC
- Serum Chemistry
- Fructosamine
- Glucose curve/continuous glucose monitor
- Urinalysis
- Urine Culture
- +/- Dental prophylaxis
- Uveitis, IOP, and STT controlled



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Continuous Glucose Monitoring



- * Glucose "curves" at home with increased accuracy
- * Device can be kept in place several weeks
- * Freestyle Libre

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Diabetes Mellitus

- * Decreased corneal sensation
- * Increased risk of Keratoconjunctivitis Sicca
- * Hyperlipidemia/Lipid laden aqueous



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Hyperlipidemia

- * Acute lipid laden aqueous
- * Bilateral may cause blindness
- * May occur spontaneously or associated with uveitis
- * Miniature Schnauzer
- * Shetland Sheepdog
- * Diabetes Mellitus
- * Cushing's Disease
- * Pancreatitis
- * Treat uveitis and any underlying disease
- * CBC/Serum Chemistry/Triglycerides/Cholesterol
- * Treat lipemia
 - * Gemfibrozil or other statin
 - * Low fat diet
 - * Omega 3 Fatty Acids



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Hypothyroidism

- * Associated with Keratoconjunctivitis Sicca
- * Horner's Syndrome
- * Corneal dystrophy
- * Difficulty in healing (ulcerative keratitis)
- * Neuropathies (Facial nerve paralysis, Horner's syndrome)



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Cushing's Disease

- * Decreased healing time
- * Increased risk of infection
- * Corneal lipid dystrophy/degeneration



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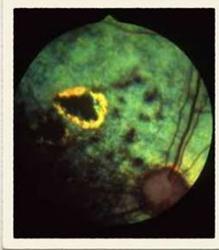
Miscellaneous Diseases

- * Viral
 - * Canine Distemper Virus
 - * Canine Adenovirus
- * Systemic Hypertension
- * Toxicity
 - * Sulfonamides
 - * Ivermectin
 - * Enrofloxacin

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Canine Distemper Virus

- Keratoconjunctivitis Sicca
- Chorioretinitis
 - “Gold Medalion” lesions from previous chorioretinitis
- Optic neuritis and blindness due to other CNS disorders



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Canine Adenovirus

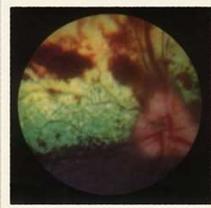
- Corneal edema associated with corneal endothelial damage
 - “Blue Eye”
- Uveitis
- Natural disease or vaccine induced
 - Afghan Hound overrepresented with vaccine induced corneal edema
 - Vaccinate with CAV2 to protect against CAV1 (reduced vaccine induced reactions)



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Systemic Hypertension

- Indirect blood pressure measurements >220 mmHg lead to retinal detachments
- Measure BP on any dog with hyphema, intraretinal hemorrhage, or retinal detachment
- Treat underlying cause
 - Renal Disease
 - Cushings Disease
 - Cardiac Disease
- Enalapril
- Benazapril
- Amlodipine



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Ocular fundus abnormalities in cats affected by systemic hypertension, proteinuria, glomerulonephritis, and outcomes of treatment.

Wessells, Lisa, Moore, Craig, Swanson, Andrew, Saunders, Barbara
 Proceedings - 2017

Clinical grading of fundus lesions secondary to SHP.
 Grade 0: no noticeable fundus abnormalities, but clinically diagnosed with SHP (A); grade 1: increased arterial vascular tortuosity with minimal to moderate narrowing of the retinal arteries (B); grade 2: grade 1 abnormalities observed as well as mild retinal hemorrhages and/or subretinal exudation (bullous retinal detachment) (C); grade 3: grade 1 and 2 abnormalities observed with partial retinal detachment and moderate/severe retinal and/or vitreous hemorrhages (D); and grade 4: grade 1 to 3 abnormalities observed as well as subtotal/total retinal detachment (E).

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Sulfonamide Toxicity

- Acute Keratoconjunctivitis Sicca
- Difficult to control tear production
- Monitor STT before and during sulfonamide administration
- Use Lacrostimlant and Lacromimetic therapy as needed

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Ivermectin Toxicity

- Blindness +/- neurologic deficits
- Mydriasis with absent or incomplete pupillary light reflex
- Ingestion
- Injection (treatment for Demodicosis)
- MDR-1 Gene Mutation
- Retinopathy with retinal edema and folds, low lying detachments, and extinguished ERG waveform amplitudes
- Blindness also caused by neurologic disease
- Blindness usually reversible
 - Supportive care
 - Chorioretinal scars remain

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